

Never Miss a Prescription Refill Again

Our advanced calculator helps you manage medications effectively, track refill dates, and improve your medication adherence.

Calculate Refill Date

Quick Calculate

Fill Date

13-06-2025



Days Supply

30



Calculate Next Refill Date

Your next refill date is **Sat, Jul 12, 2025**

Medicine Refill Calculators

Our comprehensive suite of calculators helps you manage your medications effectively. Choose the calculator that best suits your needs below.

Refill Date

Days Supply

Special Medications

Prescription Refill Date Calculator

Determine exactly when you'll need to refill your prescription based on your current supply and dosage schedule.

Medication Name (Optional)

Diuretics

Fill Date

13-06-2025



Days Supply

30

Refill Reminder (Days Before)

5 Days Before



Calculate

Refill Information

Medication:

Diuretics

Fill Date:

Thu, Jun 12, 2025

Next Refill Date:

Sat, Jul 12, 2025

Reminder Date:

Mon, Jul 7, 2025

You have 30 day(s) until your next refill.

How to Use This Calculator

1. Enter the date you filled your prescription
2. Enter the days supply (from your prescription label)
3. Optionally add a reminder before the refill date
4. Click "Calculate" to see your next refill date

Medicine Refill Calculators

Our comprehensive suite of calculators helps you manage your medications effectively. Choose the calculator that best suits your needs below.

Refill Date

Days Supply

Special Medications

Days Supply Calculator

Calculate how long your medication will last based on your dosage and quantity.

Tablets/Capsules

Liquids/Creams

Medication Name (Optional)

Atypical antidepressants

Total Quantity (Tablets/Capsules)

45

Tablets/Capsules Per Dose

1

Doses Per Day

Once daily (1)

Calculate Days Supply

Days Supply Information

Medication:

Atypical antidepressants

Total Quantity:

45 tablets/capsules

Daily Usage:

1.0 tablets/capsules per day

Days Supply:

45 days

Supply will last for 45 days.

Calculation Method

Days supply for tablets/capsules:

$$\text{Days Supply} = \text{Total Quantity} \div (\text{Tablets per Dose} \times \text{Doses per Day})$$

Days Supply Calculator

Calculate how long your medication will last based on your dosage and quantity.

Tablets/Capsules

Liquids/Creams

Medication Name (Optional)

Atypical antidepressants

Total Volume

50

mL

Dose Amount

2

mL

Doses Per Day

Once daily (1)

✓

Calculate Days Supply

Days Supply Information

Medication:

Atypical antidepressants

Total Volume:

50.0 mL total

Daily Usage:

2.0 mL per day

Days Supply:

25 days

Supply will last for 25 days.

Calculation Method

Days supply for liquids:

$$\text{Days Supply} = \text{Total Volume} \div (\text{Dose Volume} \times \text{Doses per Day})$$

If dose is in mg, Dose Volume = Dose (mg) ÷ Concentration (mg/mL)

Special Medication Calculators

Specialized calculators for medications with unique dosing requirements.

[Insulin](#) [Inhalers](#) [Eye/Ear Drops](#)

Insulin Type

Rapid-Acting

Total Volume (mL per vial/pen)

10

Concentration

U-100

Total Daily Dose (Units)

60

Calculate Days Supply

Insulin Days Supply

Insulin Type:

Rapid-Acting

Total Units Available:

1000 units

Daily Dose:

60 units per day

Days Supply:

16 days

Expected End Date (from today):

Fri, Jun 27, 2025



Supply will last for 16 days.

Insulin Usage Tips

- Follow healthcare provider's directions.
- Check expiration after opening.
- Refrigerate unopened insulin.
- In-use insulin often at room temp.
- Verify specific storage needs.

Special Medication Calculators

Specialized calculators for medications with unique dosing requirements.

Insulin Inhalers Eye/Ear Drops

Inhaler Type

Maintenance Inhaler

Total Puffs

200

Puffs Per Dose

3

Doses Per Day

Twice daily

Calculate Days Supply

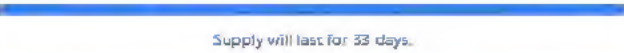
Inhaler Days Supply

Inhaler Type:
Maintenance Inhaler

Total Puffs:
200 puffs total

Daily Usage:
6.0 puffs per day

Estimated Days Supply:
33 days (approx.)



Note: This is an estimate for maintenance/combo inhaler. Actual usage may vary.

Inhaler Usage Tips

- Check for dose counters.
- Use rescue inhalers as needed.
- Use maintenance inhalers regularly.
- Prime new inhalers.
- Replace when expired/empty.

Special Medication Calculators

Specialized calculators for medications with unique dosing requirements.

[Insulin](#) [Inhalers](#) [Eye/Ear Drops](#)

Medication Type

Eye Drops

Total Volume (mL per bottle)

5

Estimated Drops Per mL

20

Approx. 15-20 drops/mL. Check product info.

Drops Per Dose

2

Number of Eyes/Ears Treated

Both

Doses Per Day

Twice daily

Calculate Days Supply

Eye/Ear Drops Days Supply

Medication Type:

Eye Drops

Total Drops Available:

100 drops total (approx.)

Daily Usage:

8 drops per day

Days Supply:

12 days

Expected End Date (from today):

Mon, Jun 23, 2025

Supply will last for 12 days.

Eye/Ear Drops Usage Tips

- Check 28-day expiry after opening.
- Store as directed.
- Avoid dropper contamination.
- Apply pressure to inner eye corner.
- Wait 5 mins between eye meds.

Refill Schedule Comparison

Supply Length	Benefits	Considerations	Best For	Refills/Year
30-Day	<ul style="list-style-type: none"> ▪ Lower upfront cost ▪ Good for new meds ▪ Easier dose adjust 	<ul style="list-style-type: none"> ▪ More pharmacy visits • Higher cumulative copay? • Risk running out 	<ul style="list-style-type: none"> ▪ New prescriptions • Meds that may change ▪ Limited budget 	12
60-Day	<ul style="list-style-type: none"> ▪ Fewer pharmacy visits ▪ Potential cost savings ▪ Less refill hassle 	<ul style="list-style-type: none"> ▪ Higher upfront cost ▪ More storage • Waste if therapy changes 	<ul style="list-style-type: none"> ▪ Established meds ▪ Transport issues ▪ Stable chronic conditions 	6
90-Day	<ul style="list-style-type: none"> ▪ Fewest pharmacy visits ▪ Often most cost-effective ▪ Consistent access 	<ul style="list-style-type: none"> ▪ Highest upfront cost • Most storage ▪ Max waste if therapy changes 	<ul style="list-style-type: none"> ▪ Long-term stable meds • Mail-order Rx • Traveling patients 	4
28-Day	<ul style="list-style-type: none"> ▪ Aligns with weeks ▪ Good for med sync ▪ Easier to remember 	<ul style="list-style-type: none"> ▪ Slightly more frequent • May not align with insurance 	<ul style="list-style-type: none"> • Birth control ▪ Weekly dose packs ▪ Med sync programs 	~13

Patient Education

Understanding Medication Adherence

Medication adherence means taking medications as prescribed: right dose, right time, right way, for the right duration.

Poor adherence can reduce treatment effectiveness, worsen conditions, and increase healthcare costs.

Benefits of Good Adherence:

- Better control of conditions
- Reduced complication risk
- Fewer ER visits/hospitalizations
- Improved quality of life
- Lower long-term healthcare costs

Tips for Improving Adherence

Establish a Routine

Take meds at the same time daily, e.g., with meals.

Use Pill Organizers

Sort meds daily/weekly to track doses.

Set Reminders

Use alarms, apps, or calendar alerts.

Plan for Refills

Mark refill dates; request early.

Talk to Your Provider

Discuss side effects or costs for alternatives.